

# You've Been Tested for COVID-19

## Now What?



Go home and wait to hear from your healthcare professional. It may take up to 5-7 days to get your PCR test results back.



If you DO NOT have symptoms, stay home until you receive your test results from your healthcare provider.



If you DO have signs or symptoms, isolate yourself from other healthy individuals in your home for at least 10 days AND until you've met all three requirements:

1. Symptoms are resolved or better
2. It has been 10 days since you first felt sick
3. No fever for at least 24 hours without fever reducing medications



Contact your employer or school. Do not go to work or school while waiting for your test results.



Contact your healthcare provider or seek care if needed.



Create a list of people you have been in contact with from 2 days prior to symptom onset to now. A close contact is someone you have been with for more than a total of 15 minutes, within 6 feet of each other. Write down their names and contact information.